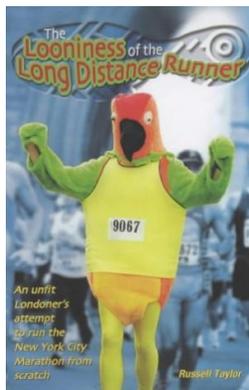# The Looniness of the Long Distance Runner: An Unfit Londoner's Attempt to Run the New York City Marathon from Scratch

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