



## The Narcissistic Family: Diagnosis and Treatment

By Stephanie Donaldson-Pressman, Robert M Pressman

BRILLIANCE AUDIO, United States, 2015. CD-Audio. Book Condition: New. Unabridged. 170 x 135 mm. Language: English . Brand New. In this compelling audiobook, the authors present an innovative therapeutic model for understanding and treating adults from emotionally abusive or neglectful families families the authors call narcissistic. Narcissistic families have a parental system that is, for whatever reason (job stress, alcoholism, drug abuse, mental illness, physical disability, lack of parenting skills, self-centered immaturity), primarily involved in getting its own needs met. The children in such narcissistic family systems try to earn love, attention, and approval by satisfying their parents needs, thus never developing the ability to recognize their own needs or create strategies for getting them met. By outlining the theoretical framework of their model and using dozens of illustrative clinical examples, the authors clearly illuminate specific practice guidelines for treating these individuals.



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